

TIMEX

T100

[USER GUIDE](#) 1

EXTENDED WARRANTY

Available in U.S. only. Extend your warranty for an additional 4 years from date of purchase for \$5. You can pay with AMEX, Discover, Visa or MasterCard by calling 1 800-448-4639 during normal business hours. Payment must be made within 30 days of purchase. Name, address, telephone number, purchase date, and 5-digit model number required. You can also mail a check for \$5 to: Timex Extended Warranty, P.O. Box 1676, Dept. EF, Little Rock, AR 72203.

Please read instructions carefully to understand how to operate your Timex® watch. **Your model may not have all of the features described in this booklet.**

FUNCTIONS

Real-time calendar clock, Second time zone, Countdown timer, Five daily alarms, Hourly chime, 150 Lap Chronograph with lap/split storage, Indiglo® night-light.

BASIC OPERATION



When setting, each button has a different function as indicated above. Watch face will indicate when button changes function.

TIME/DATE

- In TIME mode, press and hold RST/STP. Seconds will flash.
- Press + to reset seconds to 00.
- Press MODE, Hour digits flash.
- Press + or - to change hour including AM/PM. (Scroll through 12 hours to get to AM/PM).
- Press MODE, Minutes digits flash.
- Press + or - to change minutes.
- Continue pattern to set year, month, day of month and 12-hour or 24-hour time display.
- When DONE, press RST/STP.
- When in Time mode, press MODE until DT appears to see the second time zone.
- Continue the above pattern to set the second time zone.

CHRONO

LAP 1 = 7.11	LAP 2 = 7.50	LAP 3 = 7.08	LAP 4 = 7.30
SPLIT 1 = 7.11			
SPLIT 2 = 15.01			
SPLIT 3 = 22.09			
SPLIT 4 = 29.39			

- Press MODE until CHRO appears.
- Press ST/LAP to start the Chrono timer. Chrono continues to run even if you exit the mode.
- Press RST/STP to stop the Chrono from running OR while Chrono is running, press ST/LAP to take a split.

NOTES:

- Split times will appear frozen for 3 seconds.
- While Chrono is stopped, press MODE until DATA is on the screen, then press + or - to scroll through stored lap times. To return to Chrono, press MODE button until Chrono is on the screen.
- Press RST/STP to reset Chrono.

TIMER

- Press MODE until TMR appears.
- Press RST/STP, Hour digits flash.
- Follow the same pattern as setting Time and Alarm to set hours, minutes and seconds.
- Press RST/STP to confirm settings.
- Press ST/LAP to start Timer. Timer will continue to run even if you exit Timer mode.
- An alarm melody will chime when the Timer reaches zero.
- Press RST/STP to stop Timer. Press and hold RST/STP to reset..

ALARM/HOURLY CHIME

Setting the Alarm is similar to setting Time.

- Press MODE until AL appears.
- Pressing RST/STP repeatedly will show the time setting for all 5 alarms, when you see the appropriate alarm, press and hold RST/STP.
- Alarm sound is activated and hours digits flash. Press + or - to change hours.
- Press MODE, minute digits flash. Press + or - to change minutes.
- Press RST/STP to save Alarm Time.

NOTE:

- To access Hourly Chime, press MODE until AL appears. Then press ST/LAP to turn on/off Hourly Chime.

INDIGLO® NIGHT-LIGHT

Press INDIGLO® button to activate night-light. Electroluminescent technology used in INDIGLO® night-light illuminates entire watch face at night and in low light conditions. While the night-light is on pressing any button keeps it on for three seconds.

WATER AND SHOCK RESISTANCE

If your watch is water-resistant, meter marking or () is indicated.

Water-Resistance Depth	p.s.i.a. * Water Pressure Below Surface
30m/98ft	60
50m/164ft	86
100m/328ft	160

*pounds per square inch absolute

WARNING: TO MAINTAIN WATER-RESISTANCE, DO NOT PRESS ANY BUTTONS UNDER WATER.

- Watch is water-resistant only as long as lens, push buttons and case remain intact.
- Watch is not a diver watch and should not be used for diving.
- Rinse watch with fresh water after exposure to salt water.
- Shock-resistance will be indicated on watch face or caseback. Watches are designed to pass ISO test for shock-resistance. However, care should be taken to avoid damaging crystal/lens.

BATTERY

Timex strongly recommends that a retailer or jeweler replace battery. Battery type is on watch back. If present, push/short internal reset switch after replacing battery. Battery life estimates are based on certain assumptions regarding usage; battery life may vary depending on actual usage.

DO NOT DISPOSE OF BATTERY IN FIRE. DO NOT RECHARGE. KEEP LOOSE BATTERIES AWAY FROM CHILDREN.

TIMEX INTERNATIONAL WARRANTY

<https://www.timex.com/productWarranty.html>

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